



ABHINANDANSWAMI KEVALGNAN KALYANAK POSH SUD CHAUDAS

ON THIS DAY, JAINS TRY & DO AT LEAST ONE 'MALA' RECITING:

**"Om Hrim Shri Abhinandanswami
Sarvagnay Namah"**



Steve Jobs died a billionaire, with a fortune of \$7 billion, at the age of 56 from pancreatic cancer, and here are some of his last words...

"In other eyes, my life is the essence of success, but aside from work, I have a little joy. And in the end, wealth is just a fact of life to which I am accustomed."

"At this moment, lying on the bed, sick and remembering all my life, I realize that all my recognition and wealth that I have is meaningless in the face of imminent death. You can hire someone to drive a car for you, make money for you – but you cannot rent someone to carry the disease for you. One can find material things, but there is one thing that cannot be found when it is lost – "LIFE".

Treat yourself well and cherish others. As we get older, we are smarter, and we slowly realize that the watch is worth \$30 or \$300 – both of which show the same time. Whether we carry a purse worth \$30 or \$300 – the amount of money in the wallets are the same. Whether we drive a car worth \$150,000, or a car worth \$30,000 – the road and distance are the same, we reach the same destination. If we drink a bottle worth \$300 or wine worth \$10 – the "stroller" will be the same. If the house we live in is 300 square meters, or 3000 square meters – the loneliness is the same."

"Your true inner happiness does not come from the material things of this world. Whether you're flying first class, or economy class – if the plane crashes, you crash with it."

So, I hope you understand that when you have friends or someone to talk to – this is true happiness!

FIVE UNDENIABLE FACTS

- Do not educate your children to be rich. Educate them to be happy. – So, when they grow up they will know the value of things, not the price.
- Eat your food as medicine, otherwise you will need to eat your medicine as food.
- Whoever loves you will never leave you, even if he has 100 reasons to give up. He will always find one reason to hold on.
- There is a big difference between being human and human being.
- If you want to go fast – go alone! But if you want to go far – go together.

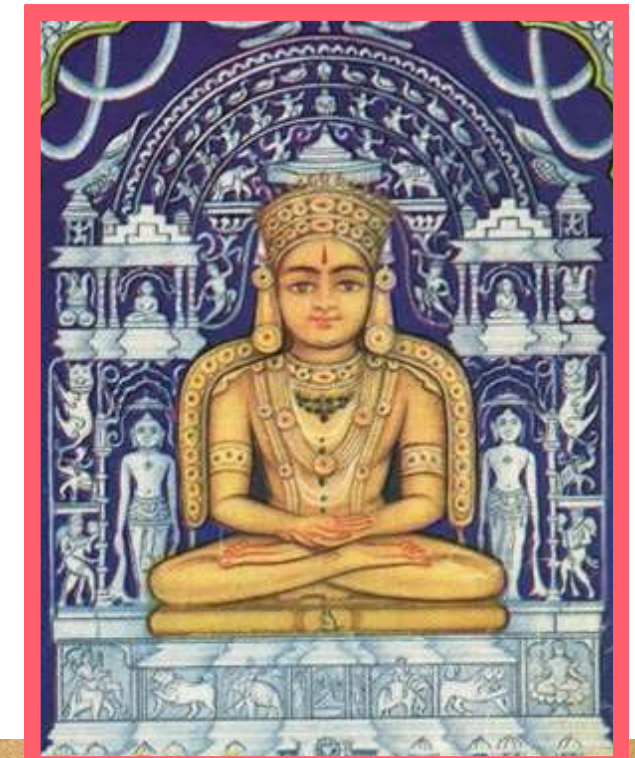
Know Your Tirthankara

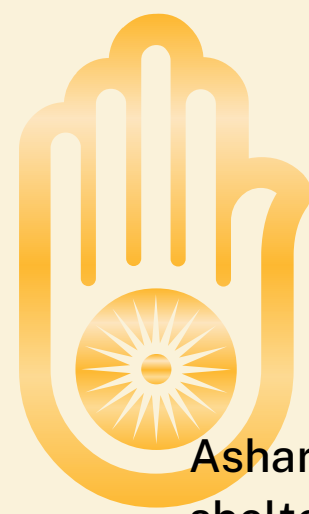
Abhinandanswami Bhagwan – Fourth Tirthankara	
Father	King Samvar
Mother	Queen Siddharti
Family / Clan	Ikshvaku
Born In	City of Ayodhya
Lanchan (Symbol)	Ape/Monkey
Symbolic Colour	Gold
After attaining Samyak Darshan, Abhinandan took three bhavs to attain Moksha.	
Birth 1	As King Mahabal of Manglavati/ Ratnasanchay town in Purva Mahavideh Kshetra as per Jain cosmology. Acquired Tirthankara naam and gotra karma
Birth 2	As a celestial being in the Vijay heaven as per Jain cosmology.
Birth 3	Abhinandan Bhagwan
Pregnancy	9 months 7.5 Days

Naming	Abhinandan –which means bringing happiness
Diksha Palanquin	Arthasiddha
Place of Diksha	Sahasramravana Grove
Breaking Fast	House of King Indradatta
Time as Ascetic	18 Years
Place of Kevaljnana	Sahasramravana Grove
Tree	Priyala Tree
Deshna (First Sermon)	Asharan Bhavana
No of Gandharas	116
Chief Gandhara	Vrajnabh
Yaksha Yakshi	Yakṣeśvara Kālikā.
Sangh	Monks – 300K Nuns 630K Laymen – 288K Laywomen – 527K
Place of Moksha	Samet Shikhar
No of Ascetics who attained Moksha with Bhagwan	1000
Lifespan	50 lakh purva

Panch Kalyanaks

Chavan Klayanak
Vaishakh Sud Choth
Janma Kalyanak
Maha Sud Bij
Diksha Kalyanak
Maha Sud Baras
Kevalgnan Kalyanak
Posh Sud Chaudas
Nirvan (Moksha) Kalyanak
Vaishakh Sud Aatham





ASHARAN BHAVANA

Asharan Bhavana, or the feeling of helplessness, highlights the fact that no refuge or shelter can protect us from death and the uncertainties of life.

Death is inevitable and something that each one of us will face eventually. The finality of death can disrupt our sense of security and comfort, as we have experienced death in close quarters and have felt the desperate desire to take away loved ones' pain. Despite our desires to protect our loved ones from pain and sorrow, we are ultimately powerless in the face of death. Our family and worldly possessions, in fact no power on this planet or universe can save us from the march of time.

Sharana means refuge, and Asharan means the lack of refuge or helplessness. When death approaches and the soul must leave the body, there is no one who can save it, and wealth, family, etc. must be given up. No worldly thing can provide refuge, so we should not depend on them.

Asharan bhavana reminds us to focus on our own spiritual path and not rely on worldly things for refuge. To find our own course in life, pure religion alone should be accepted as help. Seers and scriptures can only guide us, and we must tread on the path by our own efforts, discrimination, and wisdom.

In times of pain and suffering, we must learn to bear it with equanimity and not depend on others for salvation. We are the creators of our own destiny, and we must face life's pleasures and pains with inner strength and independence.

The concept of Asharan Bhavana emphasizes the need to find our own path in life, not relying solely on worldly things.

